

Blood Drive

It's in you to give blood.

Wednesday, July 21, 2010
12:00pm - 5:00pm

Gaines Township Office
Community Room

1-866-MIBLOOD
miblood.org

8555 Kalamazoo Ave., SE
Caledonia

Visit miblood.org for details about our Pure
Michigan Summer Sweepstakes

Appointment Preferred

Questions? Call
Michigan Blood @ 1-866-642-5663



Michigan Blood

MI blood saves lives.™

Donation Requirements

Our requirements for blood donors comply with those of the American Association of Blood Banks (AABB) and the US Food and Drug Administration (FDA). Check the following guidelines to determine whether you may be eligible to give blood. If you have any questions, call Donor Services at 616-233-8561 or 1-866-MIBLOOD.

Age / Weight	17 years or older / 110 pounds (minimum)
Frequency	Every 56 days (8 weeks)
Food	Eat and drink before donating
Allergies	OK if symptoms are under control
Colds & Flu	OK if no fever/diarrhea in past 24 hours and you feel well
Dental	Wait 1 week after major procedures; OK after fillings and cleanings if symptom free.
Infectious Disease	If exposed to ANY contagious disease (e.g. measles, chicken pox, mumps, mono, whooping cough) in past 4-6 weeks, check with Donor Services staff
Pregnancy	Wait 6 weeks after normal or interrupted pregnancy
Ear/Body Piercing	OK if pierced with a sterile disposable device or in doctor's office; otherwise wait 12 months
Skin Infections	Wait until wounds or burns are healed and infection free. Must be off antibiotics 1 week
Medications	Most are acceptable; but you must know the name of the medication
Tattoos	Wait 12 months if received in non licensed state. Michigan has not yet implemented licensure
Sexually Transmitted Disease	Wait 12 months after treatment for syphilis or gonorrhea
Past Deferrals	Try again – changes in donor criteria may make you eligible now

You cannot donate if ... you have AIDS, positive HIV test, some blood diseases, leukemia, lymphoma/Hodgkins; OR chronic lung, liver, or heart disease; OR if you have had hepatitis; OR if you have spent a total of 3 months in the United Kingdom between 1980 and 1996.



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